

18TH ANNUAL MAY DAY BIATHLON & 5K

**Morganton, NC
May 3 & 4, 2008**

\$500 to male and/or female
who sets a new course record in individual adult biathlon

Cash Prizes to Overall Winners

Chip Timing by Fleet Feet Sports of Hickory

Great Door Prizes

MUST BE PRESENT TO WIN

**Saturday prizes include a NEW BICYCLE
Sunday prizes include a Multi function sports watch and iPod Shuffle**

Uniquely designed T-Shirts

Tandem Division

18TH ANNUAL ADULT BIATHLON & 5K

Date of Event: Sunday, May 4, 2008 (Rain or Shine)

Time: 8:00 a.m. start Registration Opens at 6:30 a.m.

Start and Finish: Freedom High School, Independence Boulevard

*From I-40, exit #100 Jamestown Road--Eastbound turn left, Westbound turn right--proceed straight through the traffic light at Highway 70 onto Independence Boulevard to Freedom High School.

Distance: 5K Run; 30K Bicycle Ride (Helmets Requires-ANSI Approved).

Run - Flat surface, out and back USATF Certified

Biking - Highway surface, challenging course.

NO DRAFTING ALLOWED

The course WILL be strictly monitored for drafting

ENTRY FEES

Pre-registration must be received by Monday, April 28th

5K Entry - \$18.00 Race Day - \$23.00

Biathlon - \$25.00 Race Day - \$30.00

Team Division & Tandem - \$50.00 Race Day - \$60.00

Entry fees are non-refundable

RACE INFORMATION

Robin & Rhonda Mabe (828) 438-4786

E-mail: maydaybiathlon@hotmail.com

Web: www.maydaybiathlon.com

NO on-line registration. May print application from web and mail it.

AWARDS

Course Record: \$500.00

Male 1993: James Curwan 1:02:28

Female 2006: Alisha Lion 1:08:06

Biathlon Overall: 1st-\$150.00 2nd-\$125.00 3rd-\$100.00 4th-\$75.00 5th-\$50.00

5K Overall: 1st-\$100.00 2nd-\$75.00 3rd-\$50.00 4th-\$30.00 5th-\$20.00

Overall Masters: Biathlon - \$50 5K - \$20

Trophies to Age Groups and Teams

No prizes/awards will be duplicated. All awards must be picked up race day

TROPHIES/AGE DIVISIONS

Biathlon: 1st - 5th place in each age group

15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

Teams 1st and 2nd place in each category:

Male, Female, Mixed & Tandem Teams

5K: 1st - 3rd place in each age group

10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49,

50-54, 55-59, 60-64, 65-69, 70 & over

Results available on the web within 2 days following the race

www.maydaybiathlon.com

ADULT BIATHLON & 5K

PLEASE PRINT LEGIBLY

Must be at least 15 years old to participate in Biathlon

Name: _____
last first m.i.

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: (_____) _____

***E-Mail Address:** _____

*E-mail addresses are for contact purposes for this race only & will not be distributed

Age (on May 4, 2008): _____ **Birthdate:** _____ **Sex:** M F

Shirt Size (Circle one): Adult: S M L XL

CIRCLE your race: 5K Run \$18.00 Indiv Biath \$25.00 *Team \$50.00

*** Separate registration form & entry fee for teammate must be attached**

Male Team (teammate's name): _____

Female Team (teammate's name): _____

Mixed Team (teammate's name): _____

Tandem Team (teammate's name): _____

Submit Entries & Checks To:

May Day Biathlon
c/o Joani Richardson
106 Rebel Run
Morganton, NC 28655

RACE WAIVER

In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators, and assigns, and anyone entitled to act on my behalf, release and discharge all sponsors, their representatives and successors, promoters, managers, directors, officials, agents, and volunteers of the May Day Biathlon from any and all claims of injury or liabilities of any kind, illness or damages suffered by me, as a result of my participation in or traveling to or from this event. I know that running and cycling a road race is a potentially hazardous activity. I should not enter and run or cycle unless I am medically able and properly trained. I assume all risks associated with running or cycling in this event, including, but not limited to, falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. I realize that this is a strenuous event which requires proper physical conditioning. I hereby certify that I am in such physical condition and good health. I also give my permission for the free use of my name and picture in any written account, broadcast or telecast of this event for any legitimate purpose.

Signature: _____

Signature of parent or guardian if under 18: _____