

# May Day Biathlon & 5k Biathlon

## Overall Results

May 04, 2008

### Results By Fleet Feet Sports-Hickory

Place	Name	Bib No	Age	Age Group	----- 5k Run -----			----- 30k Bike -----			Total Time
					Rnk	Time	Pace	Rnk	Time	Pace	
1	Chris Pfaffenroth	153	27	***** M 25-29	1	16:01.6	5:10/M	2	52:14.3	1:44/K	1:08:16.0
2	Sam Keesler	135	19	***** M 15-19	5	20:10.2	6:30/M	1	51:45.6	1:44/K	1:11:55.8
3	Phil Schaefer	112	46	***** M 45-49	3	19:52.0	6:25/M	3	54:25.7	1:49/K	1:14:17.7
4	Gregory Kiziah	77	53	***** M 50-54	13	21:00.3	6:46/M	4	54:55.4	1:50/K	1:15:55.8
5	Thea Kent	92	29	***** F 25- 29	9	20:40.7	6:40/M	5	55:35.7	1:51/K	1:16:16.5
6	Mike Lawson	47	37	***** M 35-39	2	18:08.2	5:51/M	11	58:17.8	1:57/K	1:16:26.0
7	Tina Weiler	119	35	***** F 35- 39	10	20:44.2	6:41/M	6	56:57.7	1:54/K	1:17:42.0
8	Roland Parsons	81	56	***** M 55-59	12	20:49.6	6:43/M	8	57:33.0	1:55/K	1:18:22.7
9	Rod Slagle	99	40	2 M 40-44	19	21:39.9	6:59/M	9	57:35.5	1:55/K	1:19:15.4
10	Phillip Kirby	121	36	2 M 35-39	28	22:42.6	7:19/M	7	56:59.0	1:54/K	1:19:41.7
11	Elisha Godfrey	91	28	2 M 25-29	16	21:27.8	6:55/M	12	58:33.0	1:57/K	1:20:00.8
12	John Pontzer	129	43	3 M 40-44	20	21:40.4	6:59/M	13	58:43.8	1:57/K	1:20:24.2
13	Robert Lawing	127	41	1 M 40-44	14	21:03.5	6:47/M	16	1:00:06.2	2:00/K	1:21:09.8
14	Joe Carr	93	64	1 M 60-64	36	23:11.7	7:29/M	10	57:58.2	1:56/K	1:21:09.9
15	Nicole Thomas	95	36	***** F 35- 39	27	22:37.1	7:18/M	14	59:09.8	1:58/K	1:21:47.0
16	Lynn Crump	147	46	2 M 45-49	15	21:25.3	6:55/M	18	1:00:28.1	2:01/K	1:21:53.4
17	Shelby Small	100	30	2 M 30-34	8	20:40.2	6:40/M	23	1:01:19.9	2:03/K	1:22:00.1
18	William Macy	109	47	1 M 45-49	6	20:14.4	6:32/M	27	1:01:51.8	2:04/K	1:22:06.2
19	Marshall Ellis	111	50	1 M 50-54	21	21:42.4	7:00/M	25	1:01:36.2	2:03/K	1:23:18.7
20	Christopher Hendel	124	15	1 M 15-19	4	20:02.7	6:28/M	35	1:03:41.9	2:07/K	1:23:44.6
21	Charlie Roberts	105	34	3 M 30-34	24	21:57.2	7:05/M	28	1:01:54.7	2:04/K	1:23:51.9
22	Frank Cooper	76	59	2 M 55-59	25	22:16.7	7:11/M	29	1:01:56.1	2:04/K	1:24:12.9
23	Karen Brazinski	62	41	***** F 40- 44	31	22:59.2	7:25/M	24	1:01:20.0	2:03/K	1:24:19.2
24	Mike Thomas	53	33	4 M 30-34	26	22:33.5	7:16/M	30	1:01:58.5	2:04/K	1:24:32.1
25	Pat Tighe	108	47	3 M 45-49	33	23:02.4	7:26/M	26	1:01:41.2	2:03/K	1:24:43.7

Place	Name	Bib No	Age	Age Group	----- 5k Run -----			----- 30k Bike -----			Total Time
					Rnk	Time	Pace	Rnk	Time	Pace	
26	Robert Benfield, III	143	20	2 M 20-24	45	23:57.4	7:44/M	22	1:01:12.7	2:02/K	1:25:10.2
27	Eric Sandifer	48	38	5 M 35-39	46	24:13.4	7:49/M	21	1:01:03.2	2:02/K	1:25:16.6
28	Gregory Atchinson	246	52	3 M 50-54	58	25:16.4	8:09/M	15	1:00:05.7	2:00/K	1:25:22.1
29	Mike Harvey	120	50	2 M 50-54	48	24:34.5	7:55/M	20	1:00:55.7	2:02/K	1:25:30.2
30	Steve Harlan	156	57	5 M 55-59	60	25:20.2	8:10/M	17	1:00:13.9	2:00/K	1:25:34.1
31	Scott Keesler	131	44	4 M 40-44	54	24:54.2	8:02/M	19	1:00:47.7	2:02/K	1:25:41.9
32	Todd Stempler	144	37	1 M 35-39	17	21:29.5	6:56/M	38	1:04:17.9	2:09/K	1:25:47.5
33	Cameron Benningfield	145	35	3 M 35-39	30	22:50.4	7:22/M	33	1:02:57.1	2:06/K	1:25:47.6
34	Eltrin Irvin	130	26	F 25-29				103	1:25:55.0	2:52/K	1:25:55.0
35	Derek Reinhardt	44	31	1 M 30-34	7	20:38.8	6:39/M	45	1:06:47.8	2:14/K	1:27:26.6
36	Molly Sandfoss	60	41	***** F 40- 44	22	21:45.3	7:01/M	42	1:05:43.3	2:11/K	1:27:28.6
37	Michael Gould	57	38	7 M 35-39	56	25:02.6	8:05/M	31	1:02:27.2	2:05/K	1:27:29.9
38	Richard Trosdal	101	35	6 M 35-39	49	24:39.1	7:57/M	34	1:03:17.1	2:07/K	1:27:56.3
39	Martyn Easton	157	46	8 M 45-49	61	25:23.0	8:11/M	32	1:02:48.9	2:06/K	1:28:11.9
40	Preston Jonrd	134	56	1 M 55-59	18	21:33.3	6:57/M	47	1:07:16.2	2:15/K	1:28:49.5
41	Fred Wood	106	67	1 M 65-69	39	23:26.2	7:34/M	43	1:05:59.8	2:12/K	1:29:26.1
42	Benjamin Lafrombois	58	38	8 M 35-39	66	26:00.8	8:23/M	37	1:04:04.6	2:08/K	1:30:05.5
43	Jim Crotts	43	29	1 M 25-29	11	20:46.5	6:42/M	60	1:09:19.7	2:19/K	1:30:06.2

44	Anne Bringuier	70	45	1 F 45-49	57	25:15.3	8:09/M	40	1:05:01.7	2:10/K	1:30:17.0
45	Crystal Karriker	46	36	1 F 35-39	23	21:53.4	7:04/M	56	1:08:48.0	2:18/K	1:30:41.5
46	Leigh Hayes	151	32	1 F 30-34	41	23:33.6	7:36/M	53	1:07:50.8	2:16/K	1:31:24.5
47	Curtis Memmel	104	52	4 M 50-54	63	25:28.8	8:13/M	44	1:06:07.1	2:12/K	1:31:36.0
48	Peter Link	86	60	4 M 60-64	87	27:57.2	9:01/M	36	1:03:54.6	2:08/K	1:31:51.9
49	Rob Goodwin	89	39	11 M 35-39	81	27:20.0	8:49/M	39	1:04:46.6	2:10/K	1:32:06.6
50	Scot Smotherman	69	48	4 M 45-49	34	23:04.4	7:26/M	58	1:09:08.0	2:18/K	1:32:12.4

											----- 5k Run -----	----- 30k Bike -----	Total
Place	Name	Bib No	Age	Age Group	Rnk	Time	Pace	Rnk	Time	Pace	Time		
51	J. Steven Corder	67	46	7 M 45-49	51	24:47.8	8:00/M	54	1:08:05.9	2:16/K	1:32:53.8		
52	Robert Streetnab	155	55	7 M 55-59	82	27:21.9	8:49/M	41	1:05:39.8	2:11/K	1:33:01.8		
53	Edgar Gwaltney	85	68	2 M 65-69	67	26:03.5	8:24/M	46	1:07:01.5	2:14/K	1:33:05.1		
54	Doug Kennworthy	158	45	6 M 45-49	50	24:43.4	7:58/M	55	1:08:24.5	2:17/K	1:33:08.0		
55	Jeff Morse	96	57	3 M 55-59	29	22:44.5	7:20/M	65	1:10:42.5	2:21/K	1:33:27.1		
56	Sue Stark	113	62	2 F 60-64	71	26:10.2	8:26/M	48	1:07:22.2	2:15/K	1:33:32.5		
57	Jim Smolka	94	45	10 M 45-49	69	26:06.6	8:25/M	49	1:07:46.8	2:16/K	1:33:53.4		
58	Mike Ferraro III	55	39	4 M 35-39	43	23:54.0	7:43/M	67	1:11:15.4	2:23/K	1:35:09.5		
59	Mary Lyle	59	34	3 F 30-34	64	25:29.1	8:13/M	61	1:09:58.6	2:20/K	1:35:27.8		
60	Pete Gilbert	82	55	8 M 55-59	86	27:45.1	8:57/M	50	1:07:47.1	2:16/K	1:35:32.2		
61	Dale Less	68	48	13 M 45-49	94	28:34.9	9:13/M	52	1:07:49.9	2:16/K	1:36:24.9		
62	Daryl Simpson	80	55	4 M 55-59	40	23:27.1	7:34/M	71	1:13:01.3	2:26/K	1:36:28.4		
63	Joy Ponder	51	35	5 F 35-39	75	26:33.3	8:34/M	62	1:10:04.6	2:20/K	1:36:38.0		
64	Bob Hodges	116	64	3 M 60-64	84	27:35.3	8:54/M	57	1:09:04.3	2:18/K	1:36:39.6		
65	Josh Hayes	152	31	6 M 30-34	83	27:33.2	8:53/M	59	1:09:10.8	2:18/K	1:36:44.1		
66	John Kendrick	83	62	5 M 60-64	97	28:55.2	9:20/M	51	1:07:49.2	2:16/K	1:36:44.5		
67	Craig Oliver	72	44	5 M 40-44	74	26:32.6	8:34/M	63	1:10:13.3	2:20/K	1:36:45.9		
68	Samantha Reid	49	39	3 F 35-39	35	23:04.7	7:26/M	77	1:13:42.9	2:27/K	1:36:47.6		
69	David Snyder	75	45	5 M 45-49	38	23:16.3	7:30/M	76	1:13:38.8	2:27/K	1:36:55.2		
70	John Zimmerman IV	42	24	1 M 20-24	37	23:13.2	7:29/M	79	1:13:49.0	2:28/K	1:37:02.3		
71	Debby Lewis	136	52	1 F 50-54	44	23:55.9	7:43/M	73	1:13:15.5	2:27/K	1:37:11.5		
72	Mark Brazinski	61	45	11 M 45-49	76	26:45.1	8:38/M	64	1:10:27.3	2:21/K	1:37:12.4		
73	Keith Breedlove	56	38	9 M 35-39	68	26:05.5	8:25/M	66	1:11:11.1	2:22/K	1:37:16.6		
74	Amy Lane	137	38	2 F 35-39	32	22:59.7	7:25/M	82	1:15:44.2	2:31/K	1:38:43.9		
75	Tyler Goodwin	90	15	2 M 15-19	55	25:00.2	8:04/M	78	1:13:45.8	2:28/K	1:38:46.1		

											----- 5k Run -----	----- 30k Bike -----	Total
Place	Name	Bib No	Age	Age Group	Rnk	Time	Pace	Rnk	Time	Pace	Time		
76	Andy White	118	55	6 M 55-59	78	26:58.9	8:42/M	69	1:12:21.8	2:25/K	1:39:20.8		
77	Susan Moore	73	45	3 F 45-49	70	26:08.6	8:26/M	75	1:13:25.6	2:27/K	1:39:34.3		
78	Roy Nickerson	141	43	7 M 40-44	95	28:46.4	9:17/M	68	1:11:20.7	2:23/K	1:40:07.1		
79	Timothy Styles	52	32	5 M 30-34	42	23:34.5	7:36/M	85	1:17:02.0	2:34/K	1:40:36.5		
80	Miriam Lowery	50	39	4 F 35-39	47	24:21.2	7:51/M	83	1:16:33.6	2:33/K	1:40:54.8		
81	Trey Canipe	71	41	6 M 40-44	79	27:02.0	8:43/M	81	1:15:21.1	2:31/K	1:42:23.1		
82	ROBERT BRASWELL	148	48	9 M 45-49	65	25:52.5	8:21/M	84	1:16:46.4	2:34/K	1:42:39.0		
83	David Fischer	117	51	5 M 50-54	98	28:56.4	9:20/M	80	1:14:18.6	2:29/K	1:43:15.0		
84	Franklin Barnwell	63	49	15 M 45-49	102	31:03.9	10:01/M	70	1:12:39.4	2:25/K	1:43:43.3		
85	Kristy Goelzes	132	32	4 F 30-34	72	26:12.4	8:27/M	89	1:17:41.6	2:35/K	1:43:54.1		
86	Greg Clary	102	51	7 M 50-54	103	31:19.3	10:06/M	72	1:13:07.4	2:26/K	1:44:26.8		
87	Jared Dembski	150	13	1 M 0-14	52	24:52.0	8:01/M	94	1:20:00.2	2:40/K	1:44:52.3		
88	Garry Crooks	98	50	8 M 50-54	104	31:34.3	10:11/M	74	1:13:19.3	2:27/K	1:44:53.7		
89	Maryann Campbell	128	49	4 F 45-49	89	28:00.3	9:02/M	87	1:17:20.0	2:35/K	1:45:20.3		
90	Jennifer Elmore	54	31	2 F 30-34	62	25:25.0	8:12/M	95	1:20:14.4	2:40/K	1:45:39.5		
91	Ann Viles	114	64	1 F 60-64	53	24:53.6	8:02/M	97	1:21:23.1	2:43/K	1:46:16.7		
92	Vivian Demski	149	42	1 F 40-44	85	27:43.8	8:56/M	91	1:18:35.9	2:37/K	1:46:19.7		
93	Lisa Jones	138	39	6 F 35-39	92	28:27.3	9:11/M	90	1:17:56.9	2:36/K	1:46:24.3		
94	Lane Bailey	154	44	8 M 40-44	100	29:46.2	9:36/M	86	1:17:06.2	2:34/K	1:46:52.4		
95	Vonda Stringfellow	107	30	5 F 30-34	93	28:33.5	9:13/M	92	1:18:56.4	2:38/K	1:47:29.9		
96	Annette Brinkley	146	51	4 F 50-54	101	31:03.1	10:01/M	88	1:17:36.2	2:35/K	1:48:39.3		
97	Jerry Davis	66	45	12 M 45-49	77	26:54.9	8:41/M	98	1:22:09.2	2:44/K	1:49:04.1		
98	Chris Brittain	110	36	10 M 35-39	73	26:32.2	8:34/M	102	1:24:53.7	2:50/K	1:51:26.0		
99	Martin Jones	159	53	6 M 50-54	99	29:41.4	9:35/M	99	1:24:05.9	2:48/K	1:53:47.3		
100	Caroline Lynn	142	44	2 F 40-44	108	34:02.2	10:59/M	93	1:19:58.0	2:40/K	1:54:00.2		

----- 5k Run -----      ----- 30k Bike -----      Total

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
101	Leesa Schoeberle	64	46	6 F 45-49	109	34:12.5	11:02/M	96	1:20:37.5	2:41/K	1:54:50.1
102	Debby Crooks	97	49	5 F 45-49	105	31:34.6	10:11/M	100	1:24:08.8	2:48/K	1:55:43.4
103	Charlotte McMillan	133	56	1 F 55-59	107	32:43.1	10:33/M	101	1:24:22.6	2:49/K	1:57:05.7
104	Christin Goodfellow	139	52	3 F 50-54	91	28:26.9	9:10/M	104	1:28:40.4	2:57/K	1:57:07.3
105	Carla Pence	78	53	2 F 50-54	90	28:23.4	9:09/M	107	1:30:17.2	3:01/K	1:58:40.6
106	Nancy Poole	103	60	3 F 60-64	88	27:59.2	9:02/M	109	1:31:26.1	3:03/K	1:59:25.4
107	Will Cooper	84	62	2 M 60-64	80	27:09.0	8:45/M	110	1:32:25.1	3:05/K	1:59:34.2
108	Crystal Stephens	45	33	6 F 30-34	106	31:50.1	10:16/M	108	1:30:25.8	3:01/K	2:02:15.9
109	Karen Clark	79	50	5 F 50-54	110	34:36.0	11:10/M	105	1:28:55.9	2:58/K	2:03:31.9
110	Joan Meixell	115	60	4 F 60-64	111	34:57.8	11:16/M	106	1:29:03.1	2:58/K	2:04:00.9
111	John Zimmerman III	74	46	14 M 45-49	96	28:53.1	9:19/M	111	1:35:52.0	3:12/K	2:04:45.1
112	Laura Nickerson	140	36	7 F 35-39	112	37:15.2	12:01/M	112	1:50:54.8	3:42/K	2:28:10.1
113	Donna Davis	65	43	F 40-44				115	2:28:12.1	4:56/K	2:28:12.1
114	Nancy Adcock	126	51	6 F 50-54	113	38:58.7	12:34/M	113	2:02:46.3	4:06/K	2:41:45.0
115	Sally DeAugustinis	125	50	7 F 50-54	114	38:58.9	12:34/M	114	2:02:46.4	4:06/K	2:41:45.4