

20th Annual May Day 5K

Overall Finish List

May 02, 2010

Results By Lee Timing LLC

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
1	Mark Lundblad		253	41	1 Overall	17:03.5	5:29/M
2	Josh Baker		281	29	2 Overall	17:05.5	5:30/M
3	Stephen Sykes		258	23	3 Overall	17:08.7	5:31/M
4	Michael Heafner		252	31	4 Overall	17:32.2	5:38/M
5	Mike Lawson		251	39	5 Overall	17:50.0	5:44/M
6	Bill Johncock	Hickory NC	225	45	1 Masters	18:37.4	5:59/M
7	Landon Minton		260	17	1 M 15-19	18:49.4	6:03/M
8	Mike Darling	Granite Falls NC	215	30	1 M 30-34	19:29.3	6:16/M
9	Michael Settlemyre		254	26	1 M 25-29	20:14.2	6:30/M
10	Jared Dembski		285	15	2 M 15-19	20:16.4	6:31/M
11	Dwight Winters		276	33	2 M 30-34	20:19.4	6:32/M
12	Allen Bryan		273	45	1 M 45-49	20:29.3	6:35/M
13	Richard Vance		262	46	2 M 45-49	20:37.9	6:38/M
14	Kevin Holder		249	28	2 M 25-29	20:50.0	6:42/M
15	Daniel Kypena	Morganton NC	228	38	1 M 35-39	21:08.0	6:48/M
16	Zach Shuping		277	14	1 M 11-14	21:09.1	6:48/M
17	Austen Winters		275	13	2 M 11-14	22:03.1	7:05/M
18	Daniel Pritchard	Morganton NC	235	14	3 M 11-14	22:04.0	7:06/M
19	Josh Folan	Valdese NC	218	38	2 M 35-39	22:27.8	7:13/M
20	Logan Ruppard		279	13	4 M 11-14	22:38.1	7:17/M
21	Anthony Frate		289	27	3 M 25-29	22:55.4	7:22/M
22	Darlene Cockman		283	45	1 Overall	22:56.3	7:22/M
23	Spencer Memmel		268	11	5 M 11-14	23:40.2	7:37/M
24	Trudy Gale	Salisbury NC	220	52	2 Overall	23:49.8	7:39/M
25	Sarah Rosebrook		255	31	3 Overall	24:10.5	7:46/M
26	Brian Delany	Cincinnati OH	244	26	4 M 25-29	24:12.5	7:47/M
27	Richard Watson	Boone NC	256	71	1 M 70-99	24:21.4	7:50/M
28	Kody Daley	Morganton NC	212	13	6 M 11-14	24:43.9	7:57/M
29	Elizabeth Davis	Coker AL	246	28	4 Overall	24:57.2	8:01/M
30	Maire Cogdell		274	15	5 Overall	25:17.4	8:08/M
31	Drake Johncock	Hickory NC	226	15	3 M 15-19	25:22.5	8:09/M
32	Leon Lewis	Boone NC	257	70	2 M 70-99	25:22.8	8:09/M
33	Sarah Abernathy	Charlotte NC	200	23	1 F 20-24	25:23.6	8:10/M

34	Amy Shuping		278	44	1 Masters	25:23.9	8:10/M
35	Montana Gramer	Morganton NC	222	14	1 F 11-14	25:32.5	8:13/M
36	Hannah Cope		266	26	1 F 25-29	25:33.4	8:13/M
37	Kathy Smith	Morganton NC	240	52	1 F 50-54	25:42.0	8:16/M
38	Andrew Cogdell	Morganton NC	205	51	1 M 50-54	25:51.9	8:19/M
39	Maria Higgins		282	50	2 F 50-54	25:53.2	8:19/M
40	Kim Stempe		250	46	1 F 45-49	26:02.7	8:22/M
41	Mary Katherine Hatcher		271	20	2 F 20-24	26:08.2	8:24/M
42	James Mabe	Drexel NC	231	41	1 M 40-44	26:09.8	8:25/M
43	Andy Deekens	Morganton NC	216	59	1 M 55-59	26:18.9	8:27/M
44	Shirley Yancey	Valdese NC	243	42	1 F 40-44	26:57.8	8:40/M
45	Kirsten Daley	Morganton NC	211	15	1 F 15-19	26:59.6	8:41/M
46	Kiera Daley	Morganton NC	209	11	2 F 11-14	27:10.2	8:44/M
47	Nicholas Breedlove		288	12	7 M 11-14	27:45.3	8:55/M
48	Heather Copeland		284	15	2 F 15-19	27:53.7	8:58/M
49	Heather Mendel		267	24	3 F 20-24	28:17.1	9:06/M
50	Pamela Jolley	Marion NC	227	52	3 F 50-54	28:18.4	9:06/M
51	Emily Sandifer		290	12	3 F 11-14	28:19.1	9:06/M
52	Margot Clyburn	Taylorsville NC	204	12	4 F 11-14	28:20.4	9:07/M
53	Rosa Stevens		263	24	1 F 20-24	28:27.1	9:09/M
54	Killian Daley	Morganton NC	210	6	1 M 0-10	28:48.1	9:16/M
55	Andrea Daley	Morganton NC	208	43	2 F 40-44	28:48.7	9:16/M
56	Blaikley Crooks		259	7	1 F 0-10	29:00.4	9:19/M
57	Deanna Dale		264	46	2 F 45-49	29:09.6	9:22/M
58	Dawn Hershenson	Hickory NC	224	39	2 F 35-39	29:19.4	9:26/M
59	Kasie Hildebran		270	37	1 F 35-39	29:29.8	9:29/M
60	Lester Copeland	Morganton NC	207	70	3 M 70-99	29:52.8	9:36/M
61	Emily Lindsay	Morganton NC	230	14	5 F 11-14	29:54.0	9:37/M
62	Joyce Pharr	Glen Alpine NC	233	64	1 F 60-64	30:11.9	9:42/M
63	Jim Cate 58		58	71	4 M 70-99	30:33.7	9:49/M
64	Christine Lindsay	Morganton NC	229	40	3 F 40-44	30:45.0	9:53/M
65	Jordan Demski		286	12	8 M 11-14	30:50.5	9:55/M
66	Ryan Farris	Morganton NC	217	9	2 M 0-10	30:51.5	9:55/M
67	Gregory Farris		272	36	3 M 35-39	30:51.7	9:55/M
68	Ronnie Rector	Connelly Springs NC	237	45	3 M 45-49	31:14.8	10:03/M
69	Katherina Gaddy	Morganton NC	219	37	2 F 35-39	31:17.2	10:04/M
70	Vivian Dembski		287	44	4 F 40-44	31:55.4	10:16/M
71	Maggie Richardson	Charlotte NC	245	25	2 F 25-29	32:16.1	10:23/M
72	Amanda Jordan		261	21	4 F 20-24	33:55.9	10:54/M
73	Cedric Clyburn	Taylorsville NC	203	9	3 M 0-10	34:07.8	10:58/M
74	James Whitaker	Shelby NC	242	73	5 M 70-99	34:39.3	11:08/M
75	Sabrina Ball		280	23	5 F 20-24	35:39.8	11:28/M
76	Walter Pharr	Glen Alpine NC	234	73	6 M 70-99	35:42.5	11:29/M
77	Laurie Robinson	Morganton NC	238	37	3 F 35-39	35:44.8	11:29/M
78	Danny Seagle	Morganton NC	239	71	7 M 70-99	37:16.9	11:59/M

79	Julie Stillwell		265	41	5 F 40-44	37:30.0	12:03/M
80	Amy Fisher	Morganton NC	247	13	6 F 11-14	38:21.5	12:20/M
81	Ellen David	Morganton NC	248	58	1 F 55-59	39:01.0	12:33/M
82	Rhea Cooper	Morganton NC	206	66	1 F 65-69	41:48.8	13:26/M
83	Britta Gramer	Morganton NC	221	41	6 F 40-44	41:49.6	13:27/M
84	melissa bowman	morganton NC	201	33	1 F 30-34	46:34.9	14:58/M
85	Diana Caldwell	Morganton NC	202	35	4 F 35-39	46:36.4	14:59/M
86	Amber Smith		291	31	2 F 30-34	57:32.0	18:30/M
